



*Season's
Greetings*

*From
The Good
Food Box*



Red Pepper-Walnut Pâte

Serves 4

Great to use as a spread for crostini or bruschetta.

- 2 large red bell peppers
- 2 Tbs. olive oil
- 1 small yellow onion, finely chopped
- 1 clove garlic, minced
- 1 cup walnuts, chopped
- 2 Tbs. chopped fresh parsley

1. Roast bell peppers over open flame or under broiler, turning frequently, until skin is blackened on all sides. Place in paper bag, seal bag and let stand 5 minutes. Remove from bag and scrape charred skin from peppers. Remove stems and seeds; coarsely chop peppers and set aside.

2. In medium skillet, heat oil over medium heat. Add onion and garlic and cook, stirring often, until softened, about 5 minutes.

3. In food processor, combine onion mixture, reserved roasted pepper, walnuts, parsley and salt and pepper to taste. Process until smooth. Transfer to bowl, and chill before serving.



Good Food Box Calendar 2015



January 2015						
S	M	T	W	T	F	S
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February 2015						
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March 2015						
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April 2015						
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May 2015						
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June 2015						
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August 2015						
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September 2015						
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October 2015						
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November 2015						
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December 2015						
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